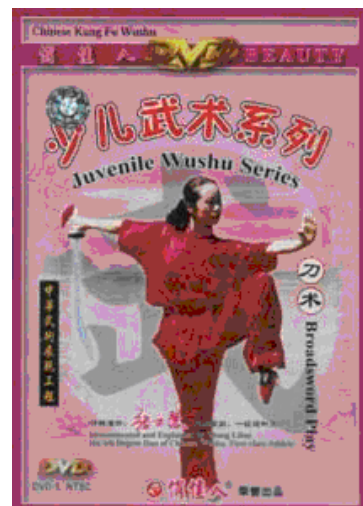


Juvenile Broadsword Play demonstrated and explained by Zhang Lihui

The whole routine can be divided into 2 segments, consists of 18 forms

Section 1

0	13:00	Preparatory form
1	13:35	Commencing form
2	15:00	Hide broadsword in bow step
3	17:45	Hide broadsword in empty step
4	19:35	Thrust broadsword with bow step
5	21:28	Windmill and chop with broadsword
6	23:58	Lift knee and parry with broadsword
7	26:28	Push broadsword in bow step
8	28:44	Chop with broadsword in horse-riding step
9	30:55	Press broadsword with crouch step



33:00 Demonstration of the first section completely

Section 2

10	33:50	Kick with heel and hide broadsword
11	37:03	Horizontal cut with broadsword in bow step
12	39:47	Withdraw broadsword with bow step
13	41:55	Low hack in resting step
14	44:09	Thrust broadsword in bow step
15	46:09	Reverse uppercut with broadsword in backward cross step
16	49:53	Hide broadsword in bow step
17	51:20	Embrace broadsword in empty step
18	54:00	Closing form

55:34 Demonstration of the second section completely

56:10 Student demonstrate the second section completely

56:40 Demonstration of the second section completely again

57:05

End

Juvenile Broadsword Play – Single Techniques

0	1:10	broadsword parts are tip, back, edge, blade, guard, hilt and ribbon
1	1:50	gripping techniques, start and ending position
2	2:33	Basic skills of broadsword techniques –
3	2:35	entwining head with broadsword
4	3:47	wrapping head with entwining
5	5:21	thrust broadsword
6	6:26	chop with broadsword
7	8:23	push broadsword
8	9:13	hack with broadsword in rest step
9	9:55	uppercut with broadsword
10	11:32	swing broadsword with circles figures

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